

Toronto Skillz Rule of two policy

GUIDELINES FOR WORKING WITH MINORS

With Safe Sport top-of-mind for us all these days, there is a lot to consider when it comes to the health and safety of the children we coach. One of the most popular and effective rules we can follow as coaches to ensure that we are never placing them or ourselves at risk is The Rule of Two.

Toronto Skillz always ensures that there are two certified coaches at all our training events

The Rule of Two states that there should be at least two adults and two children present at all times, in every situation, including:

1. Closed doors meetings
2. Watching tape with teams or athletes
3. Travel
4. Training environments (on the field, court, etc)
5. The Gold Standard calls for “two screened and NCCP trained or certified coaches” to be present, however the most important thing is that there are at least two adults present and ideally, at least two athletes/participants, to protect minor athletes in potentially vulnerable situations. Present